

CHS CHECKUP



A publication by and for employees of the Kentucky Cabinet for Health Services

March 26, 2001

NEWS BRIEFS

MATCHING FACES

Here's another chance for those who aren't doing so well in the NCAA office pool.

As part of a March of Dimes fundraiser, 26 CHS staffers have submitted their baby picture to be matched with their current day photo. The pictures are in the hallway behind the Secretary's Pod. For \$2, you can enter your choices. The individual who correctly matches the most pictures will receive a \$15 O'Charley's gift certificate.

See Lori Hill, Amy Simpson, or Ricky Spaulding for entry forms. This contest will last at least until Friday, March 30 (subject to change). If you have any questions, contact Ricky Spaulding at 564-2781, ext. 3913.



TIP OF
THE
WEEK

March 25-31 is Public Health Week in Kentucky. The Kentucky Public Health Association is meeting in Louisville this week (March 27-29). And the National Public Health Week will be celebrated April 2-8 with the theme "Healthy People in Healthy Communities."

When you eat at a restaurant, drink water, or visit a school, remember how public health professionals have worked to make our communities healthy and safe. Help us make it safer by cutting back on smoking.

Required Supervisor Training Gets Started; More Classes Scheduled

The training team of the Human Resource Development branch is very excited about the ongoing Supervisor Training class. The two new trainers, Donna Clinkenbeard and Debborah Arnold, are working hard to deliver information that all supervisors can benefit from.

One recent participant remarked "I did not want to come to this training because I have 16 years experience and did not feel that I would learn anything, but I was wrong. I learned a lot of new information and I am glad I came."

This training is mandatory for all CHS employees who are in a supervisory role.

The three-day training consist of the following modules:

- Personnel Management
- Coaching/Training

- Performance Management/Employee Evaluations
- Disciplinary Actions
- Grievances, Complaints and Appeals
- EEO/Sexual Harassment/ADA
- FMLA/Sick Leave Sharing/Worker's Compensation
- Workplace Violence

The schedule for Supervisor Training is as follows:

April 24-26 in Frankfort
May 16-18 in Bowling Green
June 5-7 in Louisville
October 23-25 in Frankfort

To enroll in classes please send an e-mail or contact us by phone. Check the global list for addresses or call 564-5705, Debborah, extension 3134, or Donna, extension 3972.



CHS Raises \$3,600 for Big Brothers-Big Sisters

CHS raised \$3,644 for the Bowling for Kids Sake project that benefits Big Brothers-Big Sisters.

Sandy Williams of the Local Health Training Branch raised \$407, winning individual honors for raising money. Kimberly Lynn of Local Health Department Operations was second with \$399 and Deanna Perkins of the Inspector General's Office was third with \$250.

The team collecting the most was

Kimberly Lynn's team from Local Health Department Operations, \$1,103. The runner up team was Lelia Mucker's MH/MR team with \$395. Third was Deanna Perkins's OIG team with \$391 followed by Team B from MH/MR with \$390.

Individuals and teams were given prizes such as gift certificates and good parking spots. Congratulations to the folks who bowled for a good cause and contributed their time and money.



5 A Day! Promoted

Employees from Public Health were treated last week to a lavish display of fruits, vegetables and spring water in an effort to promote awareness of National Nutrition Month. The display was hosted by the Employee Health Center in conjunction with the Nutrition Services Branch.

Employees chose from a buffet of fruits and veggies, including fresh broccoli, cauliflower, carrots, celery, apples, oranges, bananas, strawberries and pineapple.

To encourage employees to eat five servings of fruits and vegetables every day, plastic cups were given out sporting the **5 A Day!** logo.



Magazine Features Kentucky Assisted Living Program

Jerry Whitley, executive director for the Office of Aging Services, was interviewed about assisted living regulation efforts in this month's **Assisted Living Today**, a publication of the Assisted Living Federation of America. Agency heads from three other states – Kansas, Oregon and Texas – were also highlighted.

Below is a sample of the interview with Whitley.

Assisted Living Today: *Of which element or aspect of your state's assisted living regulation are you most proud?*

Whitley: *I'm most proud of the consumer-focused elements contained in the section of the lease agreement executed by the client and the assisted living community and the section requiring a consumer publication that contains a thorough description of Kentucky laws and regulations governing assisted living communities. The*

consumer publication is provided by the assisted living community and must be approved by the Office of Aging. At a minimum, the publication includes a thorough description of Kentucky laws and regulations governing assisted living communities and may include other relevant information that would assist a consumer in selecting a residence. Additionally, the law requires the Office of Aging to provide a standard consumer checklist, a handy guide to assist interested persons in selecting an assisted living community. The checklist covers such areas as community atmosphere, lease agreement requirements, social, recreational and spiritual activities, employees qualifications and requirements, etc.

Kentucky's Office of Aging Services' commitment to quality regulation of assisted living facilities is consumer-driven and re-

volves around consumer choice. To date, Aging has received 35 certification applications from assisted living communities. Six have been approved already and the remaining 29 are in various stages of the certification process.



Kick Butts Day Is April 4

The Campaign for Tobacco-Free Kids' Kick Butts Day will be April 4, 2001. This is the day when tens of thousands of kids stand up to tobacco and adults stand up for kids.

The Cabinet's Tobacco Use Prevention and Cessation Program will have a display, with information available in the front HR Building lobby on Wednesday, April 4th for Kick Butts Day. There will be hourly drawings for giveaways of promotional merchandise such as t-shirts, mugs and posters.



The CHS Checkup is a newsletter for employees of the Kentucky Cabinet for Health Services. Please direct contributions or comments to the Office of Communications, 502-564-6786. Printed with state funds.

